

Squash and Racketball Coaching for Adults and Juniors

England Squash have confirmed that squash and racketball can resume from Monday 12th April with solo practice, same household play, individual coaching and coach led junior activity for up to 15 children.

While this may not be ideal with matchplay still not allowed until May 17th, it at least gives people a chance to get on court and practice for 5 weeks before the real thing returns. With this in mind, the following sessions are available from Monday 12th April.

- Individual squash and racketball coaching is available with Ben Ford, Tim Richards and Chris Tomlinson.
- Junior group sessions are available at the following times
 - Monday's 4.30-5.30pm- beginner/intermediate
 - Monday's 5.30-6.30pm- intermediate/advanced
 - Wednesday 6-7.30pm- elite
 - Friday's 4.30-5.30pm- girls only session for beginners
 - Friday's 5.30-6.30pm- intermediate/advanced
 - Sunday's 9.15-10am- mini squash for 4-6 years old
 - Sunday's 10-10.45am- mini squash for 6-8 years old
 - Sunday's 10.45-11.30am- mini squash for 8-11 years old .

If you are interested in any of the above, please contact head coach Ben Ford on 07946-557502 or email Londonsquashcoach@hotmail.com

Regards

Ben