

Bar & Gym Re-opening – Bexley Tennis, Squash & Racketball Club

We are delighted that the Government have confirmed the next steps of its roadmap out of lockdown can proceed on Monday 12th April. As you are probably aware this allows us to re-open the gym and bar (for outside drinking). As such we have completed the appropriate risk assessments and have detailed below the processes under which we will operate.

Please read carefully the processes we have put in place as detailed below:-

Bar

Service & Payment

Access to the bar service will be via the fire exit, you will be asked to only approach the bar to order your drinks when the previous customer has vacated the clubhouse, please queue on the fire escape and observe social distancing if the clubhouse is occupied. A one-way system will operate to enter via the fire exit and exit via the stairs and the door to Tennis Court 1. The preferred payment method is contactless card payment or through your member account. Please ensure faces masks are worn at all times whilst in the Club.

Rule of 6 & Drinks Consumption

All drinks should be consumed whilst seated at an outside table please ensure you have a dedicated seat before ordering any drinks, please do not stand and consume drinks on the premises. The rule of 6 applies throughout the club, please ensure you adhere to this at all times.

Registration

All members are required to register either through the “track & trace” app or at the bar when ordering, your details will be retained for track and trace purposes for 21 days and then destroyed.

Glasses/bottles

Please ensure your table is left clear when you leave the club.

Opening Times

The bar will be open 10am – 10pm (Mon-Friday), and 10am – 8pm (Saturday) & 12 – 7pm (Sunday)

Gym

Cleaning & Sanitisation

The gym will be cleaned by the Club with all equipment sanitised on a daily basis, we have also installed a sanitising station by the entrance to the gym. Please ensure you use this before and after you use each piece of equipment.

Entering the Gym

The front door of the Club will remain closed. Please enter the Club via the gate at the end of the car park and enter the gym via the gate at the back of Tennis Court 1. The outside door to the gym will be propped open to reduce your contact points and to allow increased ventilation.

Gym Session availability

We have introduced a booking system that is available on Clubsys, the Club's online booking system. Sessions are limited to 1 hour and there is a maximum of 3 members at any one time. Each member is limited to 1 session per day.

All bookings MUST be made online as the booking terminals will be out of use. The booking system will act as a register as to who has been in the gym for track and trace purposes. Please ensure that all sessions are booked. If you need to know your log in details, please email bexleyclubmanager@gmail.com

The gym will be open 10.30am – 9.30pm (Mon-Friday), and 10.30am – 7.30pm (Saturday) & 12.30 – 6.30pm (Sunday)

Equipment Use

To ensure social distancing whilst using the gym, the equipment has been put into zoned areas.

1. There should be only **ONE** member using equipment in each of the zoned areas.
2. When circulating around the gym if there are other members in the gym please move in a clockwise direction and limit the use of each set of equipment to 20 minutes.
3. If a piece of equipment has been previously used by another member, please use the other piece of equipment available.
4. Please ensure you sanitise all equipment before and after use and dispose of the wipe in the bins provided.

Hygiene

Please ensure you sanitise before you enter the gym. You should keep belongings that you bring with you to a minimum, everything that you bring with you must leave with you. This includes water / drink bottles. Please note that the water fountain will be unavailable for use.

Please do not arrive at the gym before your session is due to start and leave the gym before your session ends to allow for appropriate social distancing from users on other sessions.

Please use the spray and wipes provided to clean down all equipment once you have used it and anything that you have come into contact with, whilst using the facilities.

The air conditioning will be turned off in line with current guidance and the windows are to be open at all times. The door will also be tied back to reduce contact and to assist with ventilation.

The showers and changing rooms will remain closed. The downstairs toilets will be open.

We hope that you appreciate that at the moment this is the only way we can re-introduce the bar & gym facilities back to the club, as the guidance changes we will make the appropriate amendments and update our process accordingly.

We very much appreciate your support.